

PARUL INSTITUTE OF AYURVEDA & RESEARCH

ANNUAL REPORT

January 2022-December 2022

Parul Institute of Ayurveda & Research is established under parent Parul University, with a vision to build a centre for excellence in education and practice of Ayurveda, to preserve, nurture and propagate the profound ancient wisdom of Indian system of medicine through quality teaching, training, medical care and research works. The Institution aims at transforming the science of Ayurveda through quality education, selfless service to the society with a truthful motto. This Institution was permitted in the year 17.11.2017 by ministry of AYUSH, GOI, New Delhi for intake of admission of 100 students. Institute is focusing on academic, cultural, social and research activities.

Potentials, skills of the student will be identified by the teacher and accordingly they will be motivated and guided for academic, co-curricular activities etc. our Institute concentrate on Social service under NSS by conducting rural health awareness programme, Swachata Abhiyan along with involvement of students in such activities. Culture has got significant role in the development of students personality, by keeping this in view, Institute motivates students to participate in various cultural programmes. To preserve the tradition, we celebrate Ganesha Chaturthi, Independence Day, Republic Day.

Khemdas Ayurved Hospital, teaching hospital of Parul Institute of Ayurved has been accredited by NABH (National Accreditation Board of Hospital) from 27th October 2018 and reaccreditation was received on 27th October 2021. The teaching pharmacy is also developed nicely and able to manufacture its own products.

By arranging medical camps Khemdas Ayurved Hospital has extended the health service in 65 nearby villages and around 11320 number of beneficiaries. Feedback of health seekers of these above camps was very good.

As a part of faculty development programmes, the Institution has organised pedagogy session, various Webinars, Awareness Programmes and Guest Lecture. Details are as below:

Awareness Programme

1. Under the Aazadi ka Amrit Mahotsav, Faculty of Ayurved - Parul Institute of Ayurved and Research in collaboration with Prohibition and Excise Department, Gujarat organized Awareness program on Deaddiction. The Guest of Honour was


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Shree Sunil Kumar I.A.S., Director of Prohibition and Excise Department, Gujarat. The topic “The Health and Social Awareness of Deaddiction” on 03.03.2022.

2. Parul Institute of Ayurved and Research in Association with Technical Events Cell, Parul University, has organized
 - a. Abhivyaktam -National Level Elocution Competition named "De-addiction for Youth - Now is The Time" an Offline event on 02.03.2022.
 - b. An Offline “GHOSH” -National Level Slogan Writing Competition to create Awareness regarding "Greater India For future Generations on 06.01.2022.
 - c. National Level Cartoon Contest on “SATIRE” under the banner of PU Electoral Literacy Club as per guidelines of National Electoral board.
3. Ayurveda Awareness program was organised by department of Svasthavrutta on 23.09.2022 for paramedical students by organising guest lecture on the topic “The fundamentals of Ayurveda - Ayurveda for millennials”
4. Screening Camp was organised by Department of Kayachikitsa in collaboration with Thyrocare laboratory Vadodara, to test Glycated Haemoglobin (HbA1C).

Orientation Programme for Students:

1. Transitional Curriculum - 15 days orientation programme was organised for the first Year BAMS students. They were sensitized for the academic year with the introduction to the AYUSH system of medicine as per NCISM Guidelines. It was held from 11.04.2022 onwards.
2. Orientation programme of three days was organised for the Second Year & Fourth Year BAMS students. Sensitization of students for the new academic year with introduction to the subjects was given to Students. It was held from 4th - 6th October 2021 and 06.10.2022 to 08.10.2022 respectively. The programme was coordinated by respective Welfare Officer.

Celebration:

1. On the occasion of **World Leprosy Day 2022**, on 04.02.2022, Department of Swasthavritta & Yoga, PIAR (Ayurved) had organized different activities:
 - a. Expert talk by Dr. Dhaivat Vora Professor & Head Department of Swasthavritta & Yoga for the patients of Khemdas Ayurved Hospital to create awareness about Leprosy and its social stigma
 - b. Inter College Poster Presentation Competition with the theme "WORLD LEPROSY DAY - UNITED FOR DIGNITY".

- c. Interactive session on the topic 'National Leprosy Eradication Program- History and Current Status' by the guest speaker Miss. Krupali Patel, Faculty, Parul Institute of Public Health
2. **International Womens Day** was observed on 11.03.2022 by the WDC, Parul Institute of Ayurved and Research for the faculties by organising:
 - a. A guest lecture by Dr. Pradeep Kinage, on the topic Women's Reproductive Health.
 - b. A role play competition for students.
3. **World Health Day** was observed by organizing a guest lecture on the topic “The role of Diagnostic Investigations in Health Literacy” on 07.04.2022 by Dr. Akshay Panchal, Assistant Professor, Parul Institute of Medical Science & Research.
4. **World Thyroid Day 2022** was observed on 25.05.2022 at Parul Institute of Ayurved & Research by conducting Thyroid awareness and Screening Camp by the department of Kayachikitsa
5. **International Nurses Day** was observed on 27.05.2022, to mark the contributions of the nurses at Parul Institute of Ayurved & Research, Parul University.
6. **Shishyopanayana Samskara** along with Dhanvantari Homa was organized on 09.06.2022 for first year BAMS Students (2022)
7. Department of Dravyaguna Vigyan celebrated the eve of **World Environment Day 2022**, by plantation of saplings of different medicinal plants on 06.06.2022.
8. **International Yoga Day** was celebrated by the Department of Swasthavrutta on 13.06.2022, by conducting “National Level Traditional Yogasana Competition” and Live telecast of it.
9. **World Blood Donor Day 2022** was observed on 16.06.2022 by the department of Roga Nidana & Vikruti Vigyan, by organising
 - a. A blood donation camp
 - b. Guest lecture on the topic of “Blood Components Therapy” by Dr. Krishnakanth Shiromani, Associate Professor, Dept. of Pathology, Parul Institute of Medical science & Research, PU.
10. **National Doctors Day 2022**, was observed on 01.07.2022 by student council, in Parul Institute of Ayurved and Research. The event consisted of
 - a. Felicitation to students and consultants for their dedication in work.
 - b. A guest lecture was arranged by Dr. Saurabh Parikh.
11. **“Charaka Jayanti”** was celebrated On 02.08.2022 by the Department of Ayurveda Samhita & Siddhanta by arranging
 - a. Charaka Pathana by students
 - b. Shlokamritam 2022 National Level Shloka Recitation Competition.

12. **National Librarians Day** Celebration was organised by Parul Institute of Ayurved & research on 09.08.2022 by organising various events:
- Treasure Hunt Competition
 - Book Mark Competition
 - Book Talk Competition
13. **International Youth Day 2022** was observed by the Technical Event Cell, Parul Institute of Ayurved & Research, on 26.08.2022 by organising “Vimarsha – National Level Trash out Competition” with the theme -Intergenerational Solidarity: creating world for all ages.
14. **Teachers Day** celebration was organized by the institution on 05.09.2022. Dr. Nimesh Sangode, Mr. Tejaskumar Vyas were felicitated with Best Teacher Award for their dedication towards the students.
15. To celebrate foundation day of Department of Climate Change, Government of Gujarat; Department of Svasthavrutta, organised university level Elocution Competition Panchamrit for Climate Change on 17.09.2022.
16. On the occasion of “**National Ayurveda Day**” Dhanvantari Pujan was held on 22.10.2022 and as a part of it
- PATHYAM- Food Festival a Ayurvedic culinary contest was organised by Department of Swasthavrutta for all the faculties and medical officers of PIAR on 14.10.2022.
 - Guest lecture on the topic of 'Food preservation and quality control' on 18.10.2022, Tuesday at 3 PM at seminar hall by Mr. Ashish Todkar, Food Technology, Parul Institute of Technology.
 - Awareness talk on the topic Ayurveda Diet for Healthy Progeny on 26.09.2022 by Dr. Rahul Jadhav, Associate Professor, Department of Svasthavrutta, PIAR (Ayurved).
 - Awareness talk on the topic Ayurveda Diet on 27.09.2022 by Dr. Rahul Jadhav, Associate Professor, Department of Svasthavrutta, PIAR (Ayurved).
 - Ahar kalpana – recipe demonstration activity for IPD patients on 28.09.2022 by Dr. Rahul Jadhav, Associate Professor, Department of Svasthavrutta, PIAR (Ayurved).
 - Awareness talk on the topic Diet for children, youth and geriatric on 29.09.2022 by Dr. Vivek. M, Assistant Professor, Department of Svasthavrutta, PIAR (Ayurved).
 - Awareness talk on the topic Importance Of Seasonal diets on 30.09.2022 by Dr. Dhaivat Vora, Professor, Department of Svasthavrutta, PIAR (Ayurved).

17. World piles day is observed on 23.11.2022 by Department of Shalya Tantra with following events:
- Expert talk was organised on the topic Awareness regarding piles by Dr. Omprakash Dave
 - Free check up camp was organised for drivers and transportation persons, which will be continued for one month (20.11.2022 to 20.12.2022)
- 18.

Guest Lecture:

- Department of Ayurveda Samhita & Siddhanta, has organised a Guest lecture on the topic “Clinical understanding of Vatavyadhi” by Dr. Chetan M, Professor, Sri Dharmasthala Manjunatheshwara College of Ayurveda & Hospital, Hassan, Karnataka on 03.01.2022 for students of III year BAMS.
- Department of Svasthavrutta organized a Guest lecture on the topic “National Leprosy Eradication Program- History and Current Status” on 04.02.2022 by Krupali Patel, Faculty, Parul Institute of Public Health, Parul University, Gujarat.
- Department of Ayurveda Samhita & Siddhanta, has organised a Guest lecture on the topic “The role of Vaidya in Clinical Practice” by Dr. Manisha Dunghav, Professor, Department of Ayurved Samhita & Siddhanta, Vasant Prabha Ayurveda College, Vadnagar, Mehasana, Gujarat, Karnataka on 23.03.2022 for students of III year BAMS.
- Department of Svasthavrutta organized a Guest lecture on the topic “Role of ASHA worker on primary health care” on 10.03.2022 by Chandrabhagaben, ASHA worker, Gujarat.
- Department of Svasthavrutta organized a Guest lecture on the topic “Role And Scope of Ayurved in Public Health” on 12.03.2022 by Dr. Sudhir Joshi, District Ayurved Officer, Vadorara, Government Of Gujarat.
- Entrapreunanship Development Cell, organized a Guest lecture on the topic “The Health and Social Awareness of Deaddiction” on 03.03.2022, by Sunil Kumar, I.A.S., Director of Prohibition And Excise Department, Gujarat.
- Department of Ayurveda Samhita & Siddhanta, organised a Guest lecture on the topic “Nadi Pariksha” on 30.09.2022, by Vd. Amit Pal, Practicioner, Vada, Maharashtra for II year BAMS students.
- Department of Ayurveda Samhita & Siddhanta, organised a Guest lecture on the topic “The Science of Self Management” by Amogh Virya Das, from Hare Krishna Movement, Ahmedabad, Gujarat on the topic on 30.06.2021 for students of I year BAMS.

9. Department of Kaumarabhritya organised a Guest lecture on the topic Red Flag Signs under 5 years for Growth and development Failure by Dr. Hardik Dave, Assistant Professor, Department of Paediatrics, PIMSR, PU on 17.11.2022 for students.
10. Dr.Dhaval Bhatt, Chief Librarian & :the Faculty of Library and Information Science Dean, delivered talk on Database Training on 20.12.2022.
- 11.

Webinar:

Total of 36 Webinars were organised.

1. Department of **Agada Tantra**, organized a webinar on the topic “Glimpses on toxicological cases” by Dr Hema A G, Chief Consultant, Hemamrith Ayurveda Clinic, Kasargod, Kerala on 31.03.2022.
2. Department of **Ayurveda Samhita & Siddhanta**, organised a webinar on
 - a. “Understanding the concept of Rasayana” by Dr. Meera E, Associate Professor & head Department of Ayurveda Samhita & Siddhanta,PNNM Ayurveda Medical College & Hospital, Trissur, Kerala on 09.03.2022.
 - b. “Bhasha Tatha Shastrabhasha” by Dr. Ramdas PV, Professor, Sanskrit, Department of Basic Principles, Amrita School of Ayurveda, Kollam, Kerala on 21.06.2022.
 - c. “Role of Commentaries in exploring Ancient Ayurved Literature” by Dr. Ritesh Gujarathi, Professor in Dept. of Basic Principles, at G J Patel Institute of Ayurvedic Studies and Research, CVM University, New V. V. Nagar, Anand, on 18.11.2022.
3. Department of **Dravyaguna Vigyan**, organised a webinar on the topics
 - a. “Identification and Field Characters of Certain Ayurvedic Drugs” by, Dr. Reju Krishnan, Associate Professor, Department of Dravyaguna Vigyan, JS Ayurveda Mahavidyalaya, Nadiad, Gujarat on 01.07.2022.
 - b. “Role of Technology in Advanced Ayurveda Research” by Dr. Kavya Nagarajan, Senior Consultant Ayurveda Centre of excellence for research and clinical services in Madhumeha (Diabetes Mellitus) under Ministry of AYUSH at Central Ayurveda Research Institute, Bengaluru (Peripheral Unit of CCRAS), on 17.08.2022.
 - c. “Clinical Utility of Mishraka Gana” by, Vd. Ila Bhor, Associate Profesasor , Department of Dravyaguna Vigyan, College of Ayurveda And Research Centre, Akurdi, Pune, Maharashtra on 30.11.2022.

- d. “Haritaki – A Wonder Drug” by Dr. Pramod Khobragade, Professor and Head, Department of Dravyaguna Vigyan; Datta Meghe Ayurved Medical College, Hospital and Research Centre, Wanadongari, Nagpur on 21.12.2022.
4. Department of **Kayachikitsa**, organized a webinars on the topics:
- “Stress Management” by, Dr. Rekha Phull, Professor, Department of Kayachikitsa, S G T University, Gurgaon, Haryana on 21.02.2022.
 - “Clinical application of Doshopakramaniya” by Dr Karthik Parameswaran, MD Scholar, Department of Kaumarabhritya, All India Institute of Ayurveda, Sarita Vihar, New Delhi on 29.03.2022.
 - “Emergency Management of Convulsions” by Dr. Shreekant Baheti, Assistant Professor, Department of Shalya Tantra, Sarvapalli Radhakrishnan College of Ayurved Hospital & Research Centre, Bhopal, MP on 29.06.2022.
 - “Madhumeha – AN Ayurvedic Perspective” by Dr. Rajesh Pandi, Professor, Department of Kayachikitsa; Karnataka on 06.12.2022.
5. Department of **Koumarabhritya** organized webinar on the topics:
- “Infant feeding – Navajata Shishu Poshana” by, Dr. Tushar TS, Assistant Professor, Department of Kaumarabhrithya, PNPS Ayurveda Medical College, Kanhangad, Kerala on 02.03.2022.
 - “Understanding the disease Epilepsy through Ayurveda” by Dr Preethi H.M, Assistant Professor, Department of Koumarabhritya, JSS Ayurvedic Medical College & Hospital, Mysuru on 11.04.2022.
 - “Assessment of Gestational Age” by Dr. Sindhu MA, Associate Professor, Department of Koumarabhritya, Yenepoya Ayurveda Medical College and Hospital, Mangalore, Karnataka on 07.06.2022
 - “Understanding worm infestation in Ayurved” by Dr Arun B Warriar, Assistant Professor Department of Kaumarabhitya, Vaidyaratnam Ayurveda College, Ollur, Thrissur on 05.01.2022.
6. Department of **Panchakarma** organized webinar on the topics:
- “Importance of Purvakarma before Shodhana” by, Vaidya Rohini Salve, Associate Professor, Department of Panchakarma, Government Akhandanand Ayurved College, Ahemdabad, Gujarat on 11.01.2022.
 - “Trividh Pariksha in Vaat vyadhi” by, Dr. Shiddhangouda Karabasangouda, Associate Professor, Dept of Kayachikitsa , S S Ayurvedic Medical College on 03.01.2022.


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- c. “Sadya Snehana Practical Approach and mode of action of snehana” by, Dr. Ramya, Assistant Professor, Sushrutha Ayurveda and Medical College and Hospital Bangaluru, on 07.02.2022.
 - d. “Understanding Virechana” by, Dr. Sangameshwar Naganagouda, Assistant Professor, SS Ayurvedic Medical College and Hospital Haveri, Karnataka, on 07.03.2022.
 - e. “Practical approach in Vaman” by, Dr. Dipali Ravibhushan Sonawane, Associate Professor, Shree Saptashrungi Ayurved Mahavidyalaya and Hospital, Nashik, on 10.08.2022.
 - f. “Practical approach in Vaman” by, Dr. Dipali Ravibhushan Sonawane, Associate Professor, Shree Saptashrungi Ayurved Mahavidyalaya and Hospital, Nashik, on 10.08.2022.
 - g. “Ritu Shodhana” by Dr. Praveen Devrushi, Associate Professor, Department of Panchakarma, Bhaisaheb Sawant Ayurved Mahavidyalaya, Sawantwadi, Maharashtra on 22.11.2022.
7. Department of **Prasuti Tantra & Stree Roga** organized webinar on the topics:
- a. “Preventive Modalities in Cervical Cancer ; Ayurvedic Perspective” by, Dr Chandrakala Bagali, Professor, Karnataka on 07.01.2022.
 - b. “Critical Analysis of Sutika paricharya” by, Dr. Nanda K.O, Assistant Professor, Dept. of PTSR, JSS Ayurveda College & Hospital, Mysore, Karnataka on 11.02.2022.
 - c. “Basics of Infertility” by, Dr Ranjitha B.M, Assistant Professor, Dept. of PTSR, Karnataka on 11.03.2022.
 - d. “Pelvic Inflammatory Disease” by, Dr. Saloni Garg, Assistant Professor, Department of Prasuti Tantra & Stree Roga, Patanjali Ayurveda College, Haridwar on 10.06.2022.
 - e. “Clinical Relevances of Garbhini Paricharya” by, Dr. Gayathri Bhat N.V., Professor, Department of Prasuti Tantra & Stree Roga, SDMCA&H, Hassan, Karnataka on 12.08.2022.
8. Department of **Roga Nidana & Vikruti Vigyan** organized webinar on the topics:
- a. “Clinical Aspect of Aamavata” by, Dr. Mayur Deshmukh, Assistant Professor, Dept of Rognidan Evum Vikritivigyan, Govt. Ayurved Medical College, Osmanabad, Maharashtra on 29.07.2022.
 - b. “Practical Approach to Samprapti Vigyana” by Dr. Aishwarya Ranade, Assistant Professor, Department of PG Studies in Roganidan, Tilak Ayurved Mahavidhyapeeth, Pune, Maharashtra on 26.11.2022.

9. Department of **Rasa Shastra & Bhaishajya Kalpana**, organized webinar on the topics:
- “Kupipakva Rasayana Kalpa” by, Dr.Thakur Rakesh Singh, Assistant Professor, Dept. of RSBK, NIA, Jaipur, Rajasthan on 11.07.2022.
 - “Clinical Application of Rasaushadhis” by, Dr. A. Srimukunda, Chief Physician (Sukhayu Ayurved), CEO, Sri Rasashala on 13.09.2022.
 - “Kashaya Kalpana” by Dr. Abhaya Kumar Mishra, Professor and Head, Department of Rasa Shastra & Bhaishajya Kalpana; Sri Sri College of Ayurvedic Science and Research Sri Sri University, Cuttack, Odisha on 14.11.2022.
 - “Sandhana Kalpana” by Dr. Himangshu Baruah, Assistant Professor, Department of Rasa Shastra & Bhaishajya Kalpana; NEIAH, Mawdiangdiang, Shilong, Meghalaya on 12.12.2022.
10. Department of **Shalakya Tantra**, organized webinar on the topics:
- “Overview of middle ear disorders and its management”, by Dr. Miral Patel, Assistant Professor, Dept. Of Shalakya Tantra, Gokul Ayurvedic College, Gokul Global University, Sidhpur, Patan, Gujarat on 07.01.2022.
 - “Pratishyaya – The ancient Rhinitis”, by Dr. S. Md. Nihaluddin, Assistant Professor, Dept. Of Shalakya Tantra, Dayanand Ayurved Medical College and Hospital, District Siwan, Bihar on 14.02.2022.
 - “Traumatic Corneal Injuries – An Ayurvedic Approach”, by Dr. Ayana Raj, Associate Professor, Dept. Of Shalakya Tantra, Adichunchanagiri Ayurvedic Medical College, Bangalore, Karnataka on 04.03.2022.
 - “Corneal ulcer”, by Dr. Janat, Assistant Professor, Dept. Of Shalakya Tantra, Mai Bhago Ayurvedic Medical College for Women, Punjab on 08.04.2022.
 - “Arma (Pterygium)”, by Dr. Sarang Phalak, Associate Professor, Department of Shalakya Tantra, Chaitanya Ayurveda Mahavidyalaya, Sakegaon, Bhusawal, Jalgaon, Maharashtra on 03.08.2022.
11. Department of **Shalya Tantra**, organized webinar on the topics:
- “Basic principles of Surgery” by, Dr Sumedh Wasnik, PMT Ayurved college, Shevgaon, Maharashtra on 29.01.2022.
 - “Clinical examination of Anorectal conditions” by, Dr. Nita Kedar, Professor & HOD, Dept. Of Shalya Tantra, PMT Government Ayurved College, Nagpur, Maharashtra on 26.02.2022.
 - “Appendicitis” by, Dr. T Sushendra, Associate Professor, Department of Shalya Tantra, J.S Ayurveda Mahavidyalaya, Nadiad, Gujarat on 31.03.2022

- d. “Practical Implications of Ashtavidha Shastra Karma” by, Dr. Bhoomi Soni, Assistant Professor, Department of Shalya Tantra, Quadra Institute of Ayurveda, Uttarakhand on 30.06.2022
12. Department of **Shareera Kriya** organized webinar on the topics:
 - a. “Understanding of Manas and Manasa Prakruti” by, Dr. Jaibheem Reddy, Assistant Professor, Assistant Professor, Department of Kriya Sharir, Govt Ayurveda Medical College, Bangalore on 06.01.2022.
 - b. “Formation of Mala” by, Dr. Amit Mujamdar, Associate Professor, Department of Kriya Sharir, Dr. DY Patil College of Ayurved & Research Institute, Nerul, Navi Mumbai, Maharashtra on 23.08.2022.
 - c. “Ojas and Immunity” by Dr. Sujit Kumar, Assistant Professor, Vivek college of Ayurvedic Science & Hospital , Bijnor , Uttar Pradesh on 29.11.2022
13. Department of **Svasthavrutta** organised webinar on the topic “Practical Uses of Ashtanga Yoga in Daily Life”, by, Dr. Vipul C Patel, Associate Professor, Department of Swastavritta & yoga, Shri O H Nazar Ayurved College, Surat on 29.06.2022.
14. Department of Rachana Sharira organised webinar on the topic “Kala Sharir” by Dr. Girish Kulkarni, Professor and Head, Department of Rachana Sharir, SSAM Hadpsar, Pune on 21.11.2022.

Faculty Development Programme:

As a part of Faculty Development, pedagogy sessions are been organised once in every week. Totally Twenty one sessions were conducted this year. Also organised

1. Department of Kayachikitsa organised FDP on the topic “Liver disorders - Ayurvedic concepts and Intervention” of by Dr. Mahesh K, Senior Physician, Clinical Research, Arya Vaidya Sala, Kottakkal on 07.03.2022
2. Department of Kayachikitsa organised FDP on the topic “Hospital Administration” by Dr. TB Tripathy, Professor & Head, Department of Swasthavrutta, SDMCA & H, Hassan on 12.03.2022
3. Institutional Research & development Cell organised FDP on the topic “Therapeutic Potential of Plant - Based Medicine in Recurrent Respiratory and ENT Infections” by Dr. Sameer Chauhan, Manager - Scientific Services The Himalaya Drug Company on 08.02.2022
4. Department of Panchakarma organised FDP on the topic “Research in cancer- Ayurvedic perspective” by on 25.07.2022


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5. Department of Ayurveda Samhita & Siddhanta organised FDP on the topic “Lok Purush Samya Siddhant & Modern relevance in Medical Science” by Dr. Milind Patil, Medico Marketing Consultant to Millennium Herbal Care, Mumbai on 06.08.2022
6. Soft skill training for nursing staff and workplace behaviour and attitude training for housekeeping staff was conducted on 01.01.2022

Research Activities:

Institution is having IIC, MHRD cell for the promotion of Innovation in research. Institution has few Research projects in its name in the year 2022 which includes one Government sponsored project from GSBTM, Gujarat; eight ongoing externally funded research project; four SOIC projects funded by Government of Gujarat; five M2M I – hub funded projects; Nine by Centre of Research for Development (CR4D) funded research project. The details are as follows:

Ongoing Sponsored Research Project:

Government funded Research Project:

1. “Pharmaceutical analytical and comparative effect study of Rajata Bhasma Prepared by Classical method and market available silver nano particles (AgNPS) for neuro protective activity – in vivo and in vitro study” sponsored by GSBTM, Gujarat with a fund of 26.77 LAKS

Pharmacy Sponsored:

1. “Evaluation of efficacy and safety of peggard syrup in comparison with digene syrup in amlapitta- an open labelled, randomized, two arm, prospective, parallel clinical study” sponsored by Vital Care Pvt. Ltd, with grant sanctioned of amount Rs. 1,60,000/-
2. “A randomised Double blind placebo controlled multi centre comparative interventional prospective clinical study to evaluate safety and efficacy of migraine capsule in participants suffering from episodic migraine” sponsored by CRO Target Institute of Medical Education and Research, with grant sanctioned of amount Rs 1,13,000/-
3. “A Double blind multicentre randomised prospective interventional placebo controlled clinical study to evaluate efficacy and safety of Yesaka tablet in patient


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- diagnosed with type II diabetes milletus” sponsored by CRO Target Institute of Medical Education and Research, with grant sanctioned of amount Rs. 1,51,400/-
4. “An Open Labelled Phase 4 Single Group Proof of concept Study to Evaluate the efficacy and Safety of Arshkyet, a 7 day kit in patients from Anal Fissures” sponsored by Solumiks Herbaceutical Limited with grant sanctioned of amount Rs. 62,260/-
 5. “A prospective, randomized, comparative, parallel, 2- arm study to evaluate the efficacy and safety of a Myostaal liniment application as add on therapy for the reduction of spasticity in patients suffering from Hemiplegia” sponsored by Solumiks Herbaceutical Limited with grant sanctioned of amount Rs. 55,550/-
 6. “Clinical Study to Evaluate Effect of Menocramp Tablets in the Management of Primary Dysmennorrhea” sponsored by Solumiks Herbaceutical Limited with grant sanctioned of amount Rs. 64500/-
 7. “Evaluation of efficacy and tolerability of Abhraloha tablets in iron deficiency anaemia – Phase IV study” sponsored by Shree Dhootapapeshwar Limited with grant sanctioned of amount Rs. 1,01,500/-
 8. “Open Labelled Interventional Clinical Trial to Evaluate Effect of Asthiposhak Vati Tablet in the Management of Premenstrual Syndrome (PMS)” sponsored by Shree Dhootapapeshwar Limited with grant sanctioned of amount Rs. 65,500/-

Centre of Research for Development (CR4D) Funded Research Project (Parul University):

1. “An interventional study to evaluate the domino effect of priyala modaka syrup in the management of grade 1&2 undernourished children.” sponsored by CR4D, Parul University with grant sanctioned of amount Rs. 35000/-
2. “Evaluation of Vaginal douche(Yonidhavan) and medicated tampon (Yoni pichoo) with internal use of Trayodashaang Guggulu in Yonigat Dushta Vrana with special reference to premalignant lesions of the cervix” by CR4D, Parul University with grant sanctioned of amount Rs. 20000/-
3. “Evaluation of analgesic effect of Osteocare bar – a nutritive supplement for the management of mild to moderate joint pain in osteoarthritis of knee joint, a randomized clinical trial” sponsored by CR4D, Parul University with grant sanctioned of amount Rs. 30,000/-
4. “To assess the effect of “SMRITI”- a poly herbal chocolate as memory enhancer (Medhya Rasayana) in healthy individual W.S.R.t. Vata Dosha predominant individual” sponsored by CR4D, Parul University with grant sanctioned of amount Rs.25,000/-

5. “Three Arm Open label Clinical Trial To evaluate the efficacy of polyherbal Compound in cardiometabolic risk factors W.S.R.To NCEP ATP III guidelines” sponsored by CR4D, Parul University with grant sanctioned of amount Rs.40,000/-
6. “Randomized Open Labelled Clinical Trial to evaluate the effect of *Jivanti* Ghrita eye drop in Dry Eye syndrome (*Shuskakshipaka*)” sponsored by CR4D, Parul University with grant sanctioned of amount Rs.25,000/-
7. “An Open Labelled, two arm, randomized, comparative clinical study to evaluate the role of Palandwadi Nasal spray in the management of rhinitis” sponsored by CR4D, Parul University with grant sanctioned of amount Rs.40,000/-
8. “Galactagogue Chocalate a nutritional supplement for breast feeding mother” sponsored by CR4D, Parul University with grant sanctioned of amount of Rs. 40,000/-

Student Research Activity:

To inculcate research attitude in students, the Institution motivates students towards it.

- A. Students have participated in first round of Azadi ka Amrut Mahotsav Gujarat State Hackathon event at Parul University on 07.10.2022 – 08.10.2022.
- B. Students have registered for SPARK, CCRAS
- C. Students had applied for **SSIP-SOIC** research projects sponsored by **I – Hub, Government of Gujarat**. Thus four SSIP – SOIC and five M2M sponsored Projects were sanctioned

STUDENT CORNER:

National Level:

1. Third year BAMS Student Miss Dhvani Sonawane secured 1st Rank in Elocution Competition and 2nd Rank in Essay Competition in All India Essay and Elocution Competition organized by Ashtang Ayurved Mahavidyalaya, Pune

University Level:

Students have participated in the events organised by TEC & ELC, PU and have won several prizes:

1. Ritu Singh and Khushi Rathod have secured 2nd Rank in World Hepatitis Day conducted on 28.07.2021


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2. Ved Purohit secured 3rd Position in Shloka Recitation completion conducted on 14.09.2022.
3. Preet Hada secured 1st rank in Ghosh- National Level Slogan Writing Competition
4. Dhvani Sonawane secured prize in Abhivyaktam - Elocution Competition
5. Krish Patel secured 1st, Vachana MK secured 2nd, Juhi Gehlot secured 3rd position in Satire-National Level Cartoon Contest held on 15.06.2022
6. Ritu Singh secured 1st, Khushali Trivedi secured 2nd position in Contest of Metrical Composition held on 30.06.2022.
7. Iqra Siddique secured 1st and Ritu Singh secured 2nd position in Vimarsha - National Level Thrash Out competition, 26.8.2022
8. Third year BAMS students Riddhi Patel & Shreyanshi Rathod, secured 3rd Rank in Rangoli competition organised by Parul Institute of Homeopathy and Research - Parul University.

FACULTY CORNER

Publication: Published 50 research & review articles. Two books and four Chapters.

List of Publication:

Sl.	Name of the Faculty	Department	Title	Journal
1	Dr. Akshar Kulkarni	Shareera Kriya	Shodasha Sanskara – Principled Code of Conduct	International Journal of Biology, Pharmacy and Allied Sciences
2	Dr. Vaishali Deshpande	Kayachikitsa	Management of Dyslipidaemia With Yavalauha Churna (an Ayurvedic Formulation): A Case Report	International Journal of Biology, Pharmacy and Allied Sciences
3	Dr. Vaishali Deshpande	Kayachikitsa	The Effectiveness of Traditional Medicine Mahua (Madhuka Indica) in Male Infertility – A Case Study	International Journal of Biology, Pharmacy and Allied Sciences
4	Dr. Vaishali Deshpande	Kayachikitsa	The Effectiveness of Classical Medicine Siddharataka Yoga in the Management of Mild and Moderate Depression – A Case Study	International Journal of Biology, Pharmacy and Allied Sciences
5	Dr. Vaishali Deshpande	Kayachikitsa	A Preliminary HPTLC fingerprint study of Madhuka Indica –An Immune Enhancer	International Journal of Ayurvedic Medicine
6	Dr. Amit Upasani	Ayurveda Samhita & Siddhanta	Assessment of Covid-19 Fear Among the Undergraduates – A Cross-Sectional Study	International Journal of Biology, Pharmacy and Allied Sciences
7	Dr. Divya B	Panchakarma	Preparation and Phytochemical Analysis of Agnilepa (Paste Prepared out of Polyherbal Drug)	International Journal of Biology, Pharmacy and Allied Sciences


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8	Dr. Jayasheel M Goni	Prasuti Tantra & Stree Roga	Leech Therapy as Co-Therapy With Physiotherapy on Quality of Life in Elderly Knee Osteoarthritis Patients: Case Report	International Journal of Biology, Pharmacy and Allied Sciences
9	Dr. Tanvi Dayanand	Rasa Shastra & Bhaishajya Kalpana	A Bird-Eye View of Rasayana Properties of Abhraka Bhasma Wsr to Jara (Aging	Zeichen Journal
10	Dr. Manjula K	Ayurveda Samhita & Siddhanta	Understanding the Concept of Karmaja Vyadhi	International Journal of Biology, Pharmacy and Allied Sciences
11	Dr. Ravi Joshi	Shareera rachana	Trimarma: Therapeutic and Clinical Aspects	International Journal of Biology, Pharmacy and Allied Sciences
12	Dr. Prasanth R Krishnan	Dravyaguna Vigyan	Conservative Cultivation of Rauvolfia Serpentine -A Comparative Quantitative Study Wsr to Kunapajala	International Journal of Biology, Pharmacy and Allied Sciences
13	Dr. Prasanth R Krishnan	Dravyaguna Vigyan	Efficacy of Kunapajala in Conservative Cultivation of Rauvolfia Serpentine -A Comparative Organoleptic, Microscopic and Phytochemical Study	International Journal of Biology, Pharmacy and Allied Sciences
14	Dr. Chandrakanth Pawar, Dr. Nimesh S	Shalya Tantra, Shareera Rachana	Combined Effect of Agnikarma And Viddhakarma in the Management of Tennis Elbow-A Case Study	International Journal of Biology, Pharmacy and Allied Sciences
15	Dr. Hrishita Dahelkar	Roga Nidana & Vikruti Vigyan	“Pulse Pressure” A New Diagnostic Tool to Rule Out Nadi Kathinya and it's Management In Ayurved	International Journal of Biology, Pharmacy and Allied Sciences
16	Dr. Hrishita Dahelkar	Roga Nidana & Vikruti Vigyan	A Single Case Study of Cervical Spondylosis & Lumber Spondylosis With Intervertebral-Disc Lesion Management By Ayurved With Lifestyle Improvement	International Journal of Biology, Pharmacy and Allied Sciences
17	Dr. Bhavin D	Dravyaguna Vigyan	Need Of Changing Lifestyle as Mentioned in Brihatrayees During Varsha Ritu – A Short Communication	International Journal of Biology, Pharmacy and Allied Sciences
18	Dr. Jayasheel M Goni	Prasuti Tantra & Stree Roga	Scientometrics: A Tool to Design Compendium of Ayurveda Research	International Journal of Biology, Pharmacy and Allied Sciences
19	Dr. Nimesh	Shareera Rachana	Critical Analysis of Dhamani Marma –A Short Communication	International Journal of Biology, Pharmacy and Allied Sciences
20	Dr. Suwarna Meshram	Dravyaguna Vigyan	Ravan - A Dentist	International Journal of Biology, Pharmacy and Allied Sciences
21	Dr. Krishna Thorat	Roga Nidana & Vikruti Vigyan	Integrative Approach To Manage Dushtvrana In Chronic Anaemic Patient	International Journal of Biology, Pharmacy and Allied Sciences
22	Dr. Krishna Thorat	Roga Nidana & Vikruti Vigyan	Critical Analysis of Blood Indices And Haemoglobin With Respect to Pandu Roga- An Observational Pilot Study	International Journal of Biology, Pharmacy and Allied Sciences

23	Dr. Vaishali Deshpande	Kayachikitsa	Guillain-Barre Syndrome --A Case Study	International Journal of Biology, Pharmacy and Allied Sciences
24	Dr. Vaishali Deshpande	Kayachikitsa	Evaluation of Combined Effect of Udvartana, Panchatikta Pancha prasarutika Basti and Nishamalaki Yoga in the Management of Sthoola Madhumeha – A Pilot Study	International Journal of Biology, Pharmacy and Allied Sciences
25	Dr. Naresh Kore	Kayachikitsa	Literature Review on Sthoulya Elucidate in Ayurveda Classic	International Journal of Biology, Pharmacy and Allied Sciences
26	Dr. Divya B	Panchakarma	Intervertebral Disc Prolapse (Gridhrasi) Management by Mustadhi Rajyapana Basti-A Case Study	International Journal of Biology, Pharmacy and Allied Sciences
27	Dr. Prasanna Mathad	Rasa Shastra & Bhaishajya Kalpana	Research Study on Bio-Degradation of Antibiotics by Herbal and Mineral Drugs –ITT Method	International Journal of Biology, Pharmacy and Allied Sciences
28	Dr. Prasanna Mathad, Dr. Anagha Mathad	Rasa Shastra & Bhaishajya Kalpana, Ayurveda Samhita & Siddhanta	A Review on Utility of Dwividhopakramaniya Chikitsa in Sandhishoola”	International Journal of Research in Ayurveda & Pharmacy (Int. J. Res. Ayurveda Pharm.)
29	Dr. Dhanya Raj, Dr. Sreevishak TS, Dr. Prasanth R Krishnan	Kaumarabhrutya, Dravyaguna Vigyan	Prevention Of Current Infectious Diseases In Children Through Ayurveda	Bulllletiin of Enviironment,, Pharmacollogy and Liife Sciences [BEPLS]
30	Dr. Amit Upasani	Ayurveda Samhita & Siddhanta	An Outlook Of Samsarjana Krama (Order Of Dietetic Regimens)	International Journal of Biology, Pharmacy and Allied Sciences
31	Dr. Amit Upasani	Ayurveda Samhita & Siddhanta	A Comprehensive Review Of Rasayana Therapy	International Journal of Biology, Pharmacy and Allied Sciences
32	Dr. Amit Upasani	Ayurveda Samhita & Siddhanta	Prajnaparadha- Basic Consideration In Rogotpatti	International Journal of Biology, Pharmacy and Allied Sciences
33	Dr. Vaishali Deshpande	Kayachikitsa	A Pharmaceutical Analysis Of Siddhartaka Yoga: An Ayurveda Classical Formulation	International Journal of Biology, Pharmacy and Allied Sciences
34	Dr. Vaishali Deshpande	Kayachikitsa	A Case Study On Panchatikta Panchaprasrutika Basti In Sthoola Madhumeha	International Journal of Biology, Pharmacy and Allied Sciences
35	Dr. Vaishali Deshpande	Kayachikitsa	Management Of Dyslipidaemia With Yavalauha Churna (An Ayurvedic Formulation): A Case Report	International Journal of Biology, Pharmacy and Allied Sciences
36	Dr. Vaishali Deshpande	Kayachikitsa	Conservative management of acute prolapsed inter-vertebral disc with Ayurveda: a case report	Journal of Ayurveda and Integrative Medicine
37	Dr. Krishna Thorat	Roga Nidana & Vikruti Vigyan	A Review Study On Pashanbhedha In The Treatment Of Vatashtila (BPH)	International Journal of Biology, Pharmacy and Allied Sciences

38	Dr. Krishna Thorat	Roga Nidana & Vikruti Vigyan	A Clinical Study On Paataladi Kashaya Paan In The Management Of Vatasthila W.S.R To Benign Prostatic Hyperplasia	International Journal of Biology, Pharmacy and Allied Sciences
39	Dr. Hrishita Dahilekar	Roga Nidana & Vikruti Vigyan	“An Observational Study Of Lipid Profile In Medodushti With Special Reference To Sthaulya	Turkish Journal of Physiotherapy and Rehabilitation
40	Dr. Hrishita Dahilekar	Roga Nidana & Vikruti Vigyan	A Critical Analysis of Relation Between Agnimandhya and Majjadhakala Dushti with Jihva Samta	International Journal of Biology, Pharmacy and Allied Sciences
41	Dr. Hrishita Dahilekar	Roga Nidana & Vikruti Vigyan	Concept Of Kleda In Ayurveda Literature – A Review Article	International Journal of Biology, Pharmacy and Allied Sciences
42	Dr. Hrishita Dahilekar	Roga Nidana & Vikruti Vigyan	“To Study The Concept Of Stress Factor Assessment Concerning ‘Perseverance Test’ In Light Of Ayurveda” – A Review Article	International Journal of Biology, Pharmacy and Allied Sciences
43	Dr. Hrishita Dahilekar	Roga Nidana & Vikruti Vigyan	Concept Of Garbhashayagata Arbuda With Special Reference To Uterine Fibroid – A Review Article	International Journal of Biology, Pharmacy and Allied Sciences
44	Dr. Hrishita Dahilekar	Roga Nidana & Vikruti Vigyan	Ayurvedic Perspective Of Nidana / Samprapti (Etiopathogenesis) And Management Of Pakshaghata - A Single Case Study	International Journal of Biology, Pharmacy and Allied Sciences
45	Dr. Hrishita Dahilekar	Roga Nidana & Vikruti Vigyan	To Elaborate The Concept Of Agni Dushti In The Pathogenesis Of Various Disorder – A Review	International Journal of Biology, Pharmacy and Allied Sciences
46	Dr. Nisha M, dr. Rakesh B	Kayachikitsa, Rasa Shastra & Bhaishajya Kalpana	Synthesis of Nisha-Amalaki Yoga (NAY) Using Special Ayurveda Pharmaceutical Technique: Bhavana (Levigation/Wet Milling)	International Journal of Ayurvedic Medicine
47	Dr. Divya B	Panchakarma	An Open Clinical Study Of Dvitivya Brihanmasha Taila Nasya In The Management Of Avabahuka	World Journal of Pharmaceutical Research
48	Dr. Akshar Kulkarni	Shareera Kriya	Garbhpanishad an Optimal Doctrine over the Embryo: A literature Research	Ayurvedic & Herbal Medicine
49	Dr. Tanvi Dayanand	Rasa Shastra & Bhaishajya Kalpana	Utility of Ghrita in Treatment of Unmada (Unstable Mind) with special reference to Charaka Samhita	Dev Sanskriti, Interdisciplinary International Journal
50	Dr. Sreevishak TS	Kaumarabhrutya	Clinical Understanding of Rogamarga and its Sadhya Asaadhyatwa	Specialusis UGDYMAS/ Special Education
51	Suwarna Meshram	Dravyaguna Vigyan	Ascertaining Ahimara (a medicinal plant) of Ashtanga Nighantu: An exploratory study	Journal of Drug Research in Ayurvedic Sciences
52	Dr. Naresh Kore	Kayachikitsa	An ayurvedic management of Paroxysmal supraventricular tachycardia –case report	International Journal of Ayurvedic Medicine
53	Dr. Naresh Kore	Kayachikitsa	Mutrakricchra w.r.t UTI	Bulletin of Environment, Pharmacology and Life Sciences

54	Dr. Sarita Ohol	Shareera Kriya	Degree of Effect on Joint Pain by the Usage of Different Medicated Oils - An Observational Study	Bulletin of Environment, Pharmacology and Life Sciences
55	Dr. Akshar Kulkarni	Shareera Kriya	A Literary Research on Correlation of Charakokta Sadvritta with Vachana Sahitya (Karnataka Bhakti Movement)	Specialusis UGDYMAS/ Special Education
56	Dr. Priyanka U	PTSR	Yoga during Garbha Masanumasik Vrudhi	International Journal of all Research Education and Scientific Methods (IJARESM)

List of Books and chapters published: Five Books and Six chapters were published

Sr. No.	Author's	Title of the Book/ Chapter Published	ISSN/ISBN/ DOI number of the proceeding	Name of the publisher
1.	Dr. Krishna Thorat	Heal Haemorrhoids through Ayurveda	978-93-93388-95-7	Blue Rose Publisher
2.	Dr. Prasanth R Krishnan	A Hand Book of Dravyaguna Detailed	978-81-955068-8-0	Chaukhambha Publications
3.	Dr. Sreevishakh TS	BOOK-Haritaki And Adjuvants In The Management Of Myopia	978-93-5515-423-1	Book Rivers
4.	Dr. Navoday Raju	Healing Low Back Pain Through Swedana (Sudation)		Book Rivers
5.	Dr. Priya Mohite	Vrukshayurveda Traditional Agro techniques for Ashwagandha		Book Rivers
6.	Dr. B.G. Kulkarni	Primary Ammenorrhea And its Prevention An Ayurvedic Insight For A Delightful Womanhood	978-81-952065-7-5	Recent Advances in Pharmaceutical Sciences (Volume 6)
7.	Dr. B.G. Kulkarni	Sushruta Vijananiyam 2022, Understanding of Relevance of Sthapani Marma	976-93-91261-03-0	Shabdlok Prakashan, Ahemadabad
8.	Dr. Sarita Ohol	Reinventing Gender Equality: Replacing Bias with Inclusion/An Application of Ayurvedic Classical Methodology to Perform Gender Stereotypes	978-93-5515-291-6	Book Rivers
9.	Dr. Manjula K	Utility of Pramana in Ayurveda- A Review	978-81-952065-9-9	Recent Advances in Pharmaceutical Sciences (Volume 7)
10.	Dr. Manjula K	Samsrishti 2022, Endometriosis in Ayurvedic Practice/ Role of Tridoshas in understanding endometriosis	978-93-93397-21-8	Government Ayurveda College, Kannur
11.	Dr. Manjula K	Obesity (Sthaulya) Ayurvedic Insights, Obesity in Pregnancy		ADF India Ayush Darpan Foundation

Presentations: Eight faculties have presented paper in various seminars held in Parul University and outside the Parul University.

CME: Eleven faculties have attended CME for teachers in organised by various colleges sponsored by RAV, New Delhi and other short term courses and training programmes.

Achievements:

Awards:

1. Dr. B.G. Kulkarni, Principal, PIAR (Ayurved) received PU Pride award for ideal team leader and mentor by Parul University.
2. Dr. Prasanna Mathad, Dr. Manjula K, Dr. Ravi Joshi, Dr. Amit Upasani, Dr. Dhaivat vora, Dr. Bhavin Dhanawade, Dr. Sarat Vasudev were felicitated with Late Dr. JK Patel Award, Parul University.
3. Dr. Divya B, Dr. Prasanna Mathad, Dr. Nimesh Sangode, Dr. Ravi Joshi, Dr. Amit Upasani received Vikram Sarabhai Award by Parul University.
4. Dr. Krishna Thorat received National Women Excellence Award by National Academy for Art Education, Pune.
5. Dr. Sarita Ohol received best Cordinator Award by WDC, Parul University.
6. Mr. Tejaskumar Vyas received Best Sports Cordinator Award bu Parul University.
7. Dr. Gautamkumar Dabhi received Zandu Vishisht Chikitsak Samman by Zandu Pharma.
8. Dr. Shailesh Jaiswal received “Best Doctor Award” on Doctors Day celebration held at Parul Institute of Ayurved & Research, Parul University.
9. Dr. Nimesh sangode and Mr. Tejas Vyas Best Teachers Award on Teachers Day Celebration held at the Institution.
10. Dr. Jayasheela M Goni, Dr. Sarita Ohol, Dr. Prasanna Mathad, Dr. Amit Upasani, Dr. Krishna Thorat, Dr. Divya B, were awarded with Ph.D.
11. Dr. Rahul Jadhav received best paper award in National seminar organised by MMM Ayurvedic College, Udaipur on 24.12.2022

Resource Person: 12 faculties were invited as resource person in 17 various events held outside Parul University. Two faculties were invited as resource person within Parul University.

1. Dr. Krishna Thorat, Associate Professor, Department of Roga Nidana & Vikruti Vigyan, was invited as Resource Person in:


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- a. A National Webinar “Nidana Siddhi”organised by SBG Group of Institutions, Department of Roga Nidana, SBG Ayurvedic Medical College and Hospital, Belagavi-Karnataka on 11.01.2022 on the topic “Critical Analysis of Shatkriyakala in Pandu with special reference to Nidanapanchak”
- b. Keynote Speaker in a National Webinar - Series on Ayush Vibodhini 2, on Critical analysis of erythrocyte Indices in Various Diseases organised by Smt. Urmila Devi Ayurvedic College of Medical Sciences & Hospital, Hoshiarpur on 11.03.2022.
2. Dr. Prasanna Mathad, Professor & Head, Department of Rasa Shastra & Bhaishajya Kalpana, was invited as Resource Person in a National Webinar “Rasaanusandhana 2022” organised by BR Harne ayurvedic Medical College, Vagani District Thane, Maharashtra on 27.01.2022 on the topic “Advanced Clinical Researches in Rasaushadhi”
3. Dr. Shivani Gavande, Professor & Head, Department of Panchakarma, was invited as Resource Person in:
 - a. CME Programme on Panchakarma in Cancer organised by BSDT's Ayurved Mahavidyalay and BSDT's Integrated Cancer Treatment And Research Centre, Wagholi, Pune, Coordinated by RAV, Ministry of AYUSH on 21.01.2022.
 - b. Health Awareness Talk for High school girls at Sawantwadi on 05.01.2022
 - c. An International 8th GO Green Summit at by Bali, Indonesia on the topic “Ayurved - A Devine Boon to Geriatrics” on 01.06.2022
 - d. Global Scientific Guild Conference, 5th Global Webinar on Traditional and Alternative Medicine on the topic “Bharat with its Medicine” on 18.03.2022
 - e. In Sharadotsav 2022 organised by Smt. Maniben MP Shah Women's College of Arts And Commerce (Autonomous), Maharashtra in October 2022 on the topic “Welcome youth”.
 - f. Guest lecture on the topic “Concept of Achar Rasayana (Behavioural Rejuvenation) in Ayurveda and its impact on Mental Health” in 7th Global Webinar on Traditional and Integrated Medicines held virtually on 10.11.2022.
4. Dr. Naresh Kore, DYMS, Professor, Department of Kayachikitsa delivered
 - a. a demonstrative lecture on the topic “Live Demonstration on Blood Pressure Examination” on 28.02.2022.
 - b. A Research methodology workshop organised by PIA, PU on 20.07.2022 on the topic “Selection of research problem”.
5. Dr. Jayasheela M Goni, Professor, Department of Prasuti Tantra & Stree Roga was invited as Resource Person in

- a. A Webinar on the eve of International women's day organised by Krishna Ayurvedic Medical College & Hospital, Sankeshwar, Belgaum Karnataka on 08.03.2022 on the topic "Yoga For Women Health".
6. Dr. Hrishita Dahelkar, Professor, Department of Roga Nidana & Vikruti Vigyan, was invited as Resource Person in a Dr. Sudhir Raj N Memorial Webinar Series organised by Ayurveda College, Coimbatore, DIKSHA Academy on 08.06.2022 on the topic "Clinical Concept of Vishamajvara Pathogenesis in Bhel Samhita w.s.r.to CRS".
7. Dr. B.G. Kulkarni, Professor, Principal PIAR (Ayurved), was invited as Resource Person in:
 - a. A 6th International Conference organised by JS Ayurveda Mahavidyalaya & PD Patel Ayurveda Hospital, Nadiad, Gujarat on 03.09.2022 on the topic "Concepts of Marmabhighata as per Sushrutas Perspective".
 - b. In a CME Programme for Teachers in Rachana Sharir, organized by JS Ayurved Mahavidyalaya & PD Patel Ayurveda Hospital, Nadiad, Gujarat on 16.12.2021 sponsored by Ministry of AYUSH, RAV, New Delhi on the topics, Research area in Rachana Sahrir and Specimen colouring and bone bleaching.
8. Dr. Suwarna Meshram was invited as Keynote speaker in a webinar organised by Shrimati Urmila Devi Ayurvedic College of medical sciences and Hospital, Maharashtra on 05.03.2022
9. Dr. Nandkishor Umale was invited as resource person in a National Seminar on Raktamokshana Chikitsa in Various Diseases organised by SNKD Trust's , Nallasopara Ayurved Medical College & Hospital, Palghar, Endorsed and Affiliated bu MUHS on 06.10.2022 on the topic "Understanding of Fundamentals of Raktamokshan".
10. Dr. Dhaivat Vora was invited as resource person in an International Webinar Series Ayush Samriddhi on the topic 'Heart care – The Ayurved approach' on 29.09.2022 organised by International Interdisciplinary Institute for Research Education and Skills.
11. Dr. Navoday Raju was invited as resource person in an Webinar on the occasion of 7th Ayurveda Day with a theme "Ayurveda Everyday Ayurveda Everywhere" on 17.10.2022 organised by Regional Ayurveda Research Institute, Vijayawada.
12. Dr. Anagha Mathad was invited as resource person in a webinar organised by Ram Krishna College of Ayurveda and Medical Sciences, RKDF University, Bhopal, MP on the topic "The role of Dinacharya to maintain Circadian rhythm" on 06.12.2022
13. Dr. Amritha Sharma was invited as resource person in a webinar organised by Ram Krishna College of Ayurveda and Medical Sciences, RKDF University, Bhopal, MP on the topic "Adharaneeya Vega" on 05.12.2022